

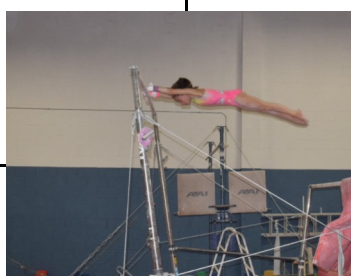




	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15am	Tumble Tots (C) Tumble Tykes (C)	Gym Crawlers Tumble Tots (C) Tumble Tykes (C)		Gym Crawlers Tumble Tots	Gym Crawlers Gym Stars Coed Kindergym	8:00am Gym Crawlers Tumble Tots Tumble Tykes Gym Stars Gym Whizzers
10:10am	Gym Stars (C) Gym Whizzers (C)	Gym Stars (C) Gym Whizzers (C)		Tumble Tykes Gym Stars	Tumble Tots Tumble Tykes Gym Whizzers	8:50am Tumble Tots Tumble Tykes Gym Stars Gym Whizzers CoEd Kindergym
11am		Sibling Class 		Gym Stars (C) Gym Whizzers (C)	Sibling Class	9:45am CoEd Tumble (Age 6 & up) Girls Level 1 (age 5&6) Girls Level 1 (age 7&up) Boys Level 1 Girls Level 2
12:30pm	Gym Stars (C) Gym Whizzers (C)	CoEd Kindergym 		Gym Stars (C) Gym Whizzers (C) 1:15-2pm Gym Gems	Gym Gems 	10:45am CoEd Kindergym CoEd Tumble*(Age 6&up) Girls Level 1* Boys Level 2 Girls Level 2/3 (12:10)
3:30	Gym Stars (C) Gym Whizzers (C) Girls Level 1	 CoEd Kindergym		Gym Stars /Whizzers 4:15pm Jr Warriors	Girls Level 1	11:45am Girls Level 1 Boys Level 1
4pm		Gym Stars & Whizzers Girls Kindergym Girls Level 1 (6&up) Boys Level 1/2 combo		Gym Gems CoEd Kindergym Girls Level 1 (6&up) Girls Level 2		1:30pm Girls Level 1
4:30pm	Girls Level 1 Boys Level 1 Girls Level 2		Girls Level 1* Jr Tumble (Age 5&6) Girls Level 2		Girls Level 1	
5pm		Girls Level 1 Girls Level 2 Girls Level 3/4 (6:30pm)		Girls Level 1 Girls Level 2 Girls Level 3/4 (6:30pm)		
5:30	Girls' Tumble (6&up) Boys' Tumble (6 & up)		Girls Level 1/2 Combo Girls Level 3/4 (7pm) Advanced Tumble			Girls Level 2
6pm	Jr H.S./H.S. (6:30-8:30pm)	Girls Tumble (Age 7-12)	Jr H.S./H.S. (7-9pm)	CoEd Tumble (Age 10&up) Jr H.S./H.S. (8pm)		

No School Open Gyms!
Preschool 11-12pm
Grade school 2-3:30pm
\$10 registered students
Columbus Day-October 9
MLK Jr. Day-January 15
President's Day-February 19

*Limited Availability- These classes are additionally offered to our park districts.

"C" indicates the a class with the possibility of being combined.

Flips Gymnastics is a fully equipped gymnastics facility offering quality instruction for boys and girls (ages 18 months to 17 years). We have two inground trampolines, an inground tumble trak, two loose foam pits, a separate bar gym, and a large viewing room. It is our mission to teach each child the sport of gymnastics at their own individual pace, within a safe and encouraging environment.

Why Flips?

- *Weekly lesson plans with Junior Olympic Program guidelines
- *Active lessons for Preschoolers with age appropriate equipment
- *Educated and experienced instructors
- *We give corrections along with praise and encouragement
- *Star Charts to track progress and recognize achievement (Level 1-4)
- *Excellent parent viewing
- *Full time front desk staff available

In order to maintain quality instruction, our student coach ratio is 9:1 (Level 1 and up) and 8:1 (Kindergym and under) . Therefore, if you see a class that works for your family's schedule, please call to register ASAP, to guarantee you child's spot .

2018/2019 prices We do not require a registration fee!

Class	One 10 wk session	Two 10 wk sessions or 2x per week (this discounted price is valid only if paid in full)
Gym Crawlers (35 mins)	\$100	\$175
Tots, Tykes, Stars and Whizzers (45 mins)	\$185	\$340
Kindergym (50 mins)	\$185	\$340
Girls, Boys Level 1/2/3 (55 mins)	\$185	\$340
Girls Level 3/4/5 (1 hr 30 mins)	\$240	\$450
Tumble (55 mins)	\$185	\$340
Girls Jr. High/High School	\$260	\$485
Jr Warriors (40 mins)	\$185	
Sibling class (45 minutes)	\$200 for 2 siblings	

Birthdays Parties! Sundays 11am \$325 includes 20 children, \$400 for 21-30 children. We provide free postcard style invites, supervised gym time, and assistance with upstairs party time. Parties are 1 hour in the gym the main gym and 30 minutes in the private upstairs party room. We now offer parties for ages preschool through 12! .

4 easy ways to register:

- 1) In person, 27825 Irma Lee Circle, Lake Forest, IL 60045
- 2) Call 847-367-6555
- 3) Online www.flipsgymonline.com
- 4) Flips Gymnastics North Shore App (Apple and Android)

Session 1: Aug 27-Nov 5

Session 2: Nov 5-Jan 20

Session 3: January 21-March 24

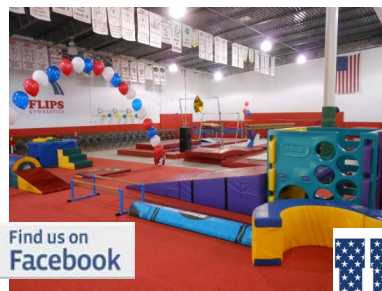
Session 4: April 1-June 9

(No classes Sept 3, Oct 31 (PM), Nov 22 & 23, Dec 24-Jan 1, March 25-April March 31. May 27)



FLIPS
GYMNASTICS
North Shore

27825 Irma Lee Circle
Lake Forest, IL
60045
847-367-6555
www.flipsgymonline.com



Flipstastic Camps

Gymnastics, games, obstacle course, trampoline, tumble trak, pit play, craft, snack and more! Ages 5-12

\$60 per day or \$150 for 3

Dec 26, 27, 28 12:30-4:30

Mar 26, 27, 28 12:30-4:30

Makeup policy and refund policy Your tuition covers the day and time that you have registered for. As a courtesy, we will offer one makeup when possible in an equal or equivalent class, when doing so will not jeopardize the safety or integrity of the class. We are not able to prorate or offer refunds. We are able to offer credits to students who are sick or injured and are able to provide us with a doctor's note.

Girls should dress for gymnastics class in a leotard or biketard with hair pulled back, and boys should dress in athletic clothing (no jeans or baggy clothing). No jewelry please.

Fall/Winter/Spring Schedule 2018/2019