


	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15am	Tumble Tots (C) Tumble Tykes (C)	Tumble Tots (C) Tumble Tykes (C) Gym Stars (C) Gym Whizzers (C)		Tumble Tots (C) Tumble Tykes (C) Gym Stars (C) Gym Whizzers (C)	Gym Stars (C) Gym Whizzers (C)	8:00am Tumble Tots Tumble Tykes Gym Stars Gym Whizzers
10:10am	Gym Stars (C) Gym Whizzers (C)	Tykes to Stars Transition class *teacher recommenda- tion		Tumble Tots (C) Tumble Tykes (C) Gym Stars (C) Gym Whizzers (C)	Tumble Tots (C) Tumble Tykes (C)	8:50am Tumble Tots Tumble Tykes Gym Stars Gym Whizzers CoEd Kindergym
12:30pm	Gym Stars (C) Gym Whizzers (C)	Gym Stars (C) Gym Whizzers (C)		Gym Stars (C) Gym Whizzers (C) 1:15-2pm Gym Gems	Gym Gems	9:45am CoEd Tumble (Age 6 & up) Girls Level 1 (age 5&6) Girls Level 1 (age 7&up) Boys Level 1/2 Combo (6 & up) Girls Level 2
3:30	Gym Stars (C) Gym Whizzers (C) Girls Level 1		CoEd Kindergym	4:15pm Jr Warriors	Girls Level 1 	10:45am CoEd Kindergym CoEd Tumble*(Age 6&up) Girls Level 1* Boys Level 1 Girls Level 3/4/5
4pm	Girls Level 3/4	Girls Kindergym Girls Level 1 (6&up) Boys Level 1/2 combo	Girls Level 3/4 (until 5:30)	Girls Kindergym Gym Whizzers Girls Level 1 (6&up)		11:45am Girls Level 1
4:30pm	Girls Level 1 Boys Level 1 Girls Level 2		Girls Level 1* Jr Tumble (Age 5&6)		Girls Level 1	<div data-bbox="1161 1428 1575 1774" style="border: 1px solid black; padding: 10px; text-align: center;"> <p>No School Open Gyms!</p> <p>\$10 for registered students</p> <p>Columbus Day-October 9</p> <p>MLK Jr. Day-January 15</p> <p>President's Day-February 19</p> </div>
5pm		Girls Level 2		Girls Level 1 Girls Level 2 Girls Level 3/4 (6:30pm)		
5:30	Girls' Tumble (6&up) Boys' Tumble (6 & up)		Girls Level 1/2 combo		Girls Level 2/3	
6pm	Jr H.S./H.S. (8pm)	Girls Tumble (Age 7-12)	Jr H.S./H.S. (8pm)	CoEd Tumble (Age 10&up)		

*Limited Availability- These classes are additionally offered to our park districts.

"C" indicates the a class with the possibility of being combined.

Flips Gymnastics is a fully equipped gymnastics facility offering quality instruction for boys and girls (ages 18 months to 17 years). We have two inground trampolines, an inground tumble trak, two loose foam pits, a separate bar gym, and a large viewing room. It is our mission to teach each child the sport of gymnastics at their own individual pace, within a safe and encouraging environment.

Why Flips?

- *Weekly lesson plans with Junior Olympic Program guidelines
- *Active lessons for Preschoolers with age appropriate equipment
- *Educated and experienced instructors
- *We give corrections along with praise and encouragement
- *Star Charts to track progress and recognize achievement (Level 1-5)
- *Excellent parent viewing
- *Full time front desk staff available

In order to maintain quality instruction, our student coach ratio is 8:1 (Level 1 and up) and 8:1 (Kindergym and under) . Therefore, if you see a class that works for your family's schedule, please call to register ASAP, to guarantee you child's spot .

2019/2020 prices We do not require a registration fee!

Class	One 10 wk session	Two 10 wk sessions or 2x per week (this discounted price is valid only if paid in full)
Tots, Tykes, Stars and Whizzers (45 mins)	\$190	\$350
Kindergym (50 mins)	\$190	\$350
Girls, Boys Level 1/2/3 (55 mins)	\$190	\$350
Girls Level 3/4/5 (1 hr 30 mins)	\$245	\$460
Tumble (55 mins)	\$190	\$350
Girls Jr. High/High School	\$265	\$495
Jr Warriors (40 mins)	\$190	

BirthDay Parties! Sundays 11am \$325 includes 20 children, \$400 for 21-30 children. We provide free postcard style invites, supervised gym time, and assistance with upstairs party time. Parties are 1 hour in the gym the main gym and 30 minutes in the private upstairs party room. We now offer parties for ages preschool through 12! .

3 easy ways to register:

- 1)In person, 27825 Irma Lee Circle, Lake Forest, IL 60045
- 2)Call 847-367-6555
- 3)Online www.flipsgymonline.com

Session 1: Aug 26-Nov 3

Session 2: Nov 4-Jan 19

Session 3: January 20-March 22

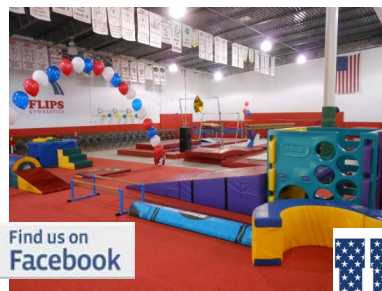
Session 4: March 30-June 7

(No classes Sept 2, Oct 31 (PM), Nov 28 &29, Dec 24-Jan 1, March 23-March 29. May 25)



FLIPS
GYMNASTICS
North Shore

27825 Irma Lee Circle
Lake Forest, IL
60045
847-367-6555
www.flipsgymonline.com



Find us on Facebook



Fliptastic Camps

Gymnastics, games, obstacle course, trampoline, tumble trak, pit play, craft, snack and more! Ages 5-12

\$60 per day or \$150 for 3

Mar 26, 27, 28 12:30-4:30

Makeup policy and refund policy Your tuition covers the day and time that you have registered for. As a courtesy, we will offer one makeup when possible in an equal or equivalent class, when doing so will not jeopardize the safety or integrity of the class. We are not able to prorate or offer refunds. We are able to offer credits to students who are sick or injured and are able to provide us with a doctor's note. **Please note that make ups cannot be carried over to the next session.**

Girls should dress for gymnastics class in a leotard or biketard with hair pulled back, and boys should dress in athletic clothing (no jeans or baggy clothing). No jewelry please.